

Kankakee Area YMCA Walker (Large) Pool Schedule September 9 - 29, 2024



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | |
|--|--|--|--|--|--|--|--|
| Adult Open & Lap Swim (5 Ianes) 5:00-8:00am | Adult Open & Lap Swim (5 lanes) 5:00-8:00am | Adult Open & Lap Swim (5 lanes) 5:00-8:00am | Adult Open & Lap Swim (5 lanes) 5:00-8:00am | Adult Open & Lap Swim (5 lanes) 5:00-8:00am | Adult Open & Lap Swim (4 lanes) 7:05-7:55am | | |
| Deep Water Lap Swim (1 Lane) 8:15 - 9:00am | Aqua Strength Lap Swim (1 Lane) 8:15 – 9:15am | Deep Water Lap Swim (1 Lane) 8:15 - 9:00am | Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am | Deep Water Lap Swim (1 Lane) 8:15 - 9:00am | Water Exercise & Lap Swim (1 lane) 8:00-9:00 am | Adult Open (3 lane) Lap Swim (3 lane) 8:15 - 10am | |
| Swim Lessons Lap Swim (2 Ianes) 9:00am-9:45am | Swim Lessons Lap Swim (2 Iane) | Open Swim Lap Swim (3 Ianes) 9:00am-12:25pm | Open Swim Lap Swim (3 Iane) 9:20 - 12:25pm | Open Swim Lap Swim (3 Ianes) 9:05am-12:25pm | Swim Lessons Lap Swim (1 Iane) 9:00am - 11:15am | | |
| Open Swim Lap Swim (3 Ianes) 9:50am - 12:25pm | 9:20am - 11am Swim Lessons | | | | Swim Lessons Open | | |
| | 11 - 11:45am Open Swim Lap Swim (2 Lane) 11 - 12:25pm | Aqua Mix & | | Aqua Mix & | Swim (2 lane) Lap Swim (1 lane) 11:15 - 12pm | Open Swim (3 lane) Lap Swim (2 lane) Swim Lessons | |
| Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm | Twinges & Lap Swim (1 lane) 12:30-1:30pm | Lap Swim (2 lanes) 12:30 - 1:15pm | Twinges & Lap Swim (1 lane) 12:30-1:30pm | Lap Swim (2 lanes) 12:30 - 1:15pm | Open Swim Lap Swim (3 Iane) 12:05 - 4pm | 12:30 - 2:40pm Open Swim (2 lane) Lap Swim (2 lane) Aqua Mix (2 lane) | |
| Open swim Lap Swim (3 lanes) 1:20 - 3:40pm | Splash! (4-5 lanes) Lap (1-2 lanes) 1:45pm - 2:30pm Open Swim Lap Swim (3 lane) 2:35 - 3:40pm | Open swim Lap Swim (3 Ianes) 1:20 - 3:40pm | Splash! (4-5 lanes) Lap (1-2 lanes) 1:45pm - 2:30pm Open Swim Lap Swim (3 lane) 2:35 - 3:40pm | Open swim Lap Swim (3 Ianes) 1:20-3:40pm | 12.05 | 2:45 - 3:30pm | |
| Open Swim (1 lane) Lap Swim (1 lane) Swim Team (4 lane) 3:45 - 4:55pm | Swim Lessons Lap Swim (1 lane) Swim Team (3 lane) 3:45 - 5:00pm | Open Swim (1 lane) Lap Swim (1 lane) Swim Team (4 lane) 3:45 - 4:55pm | Swim Lessons Lap Swim (1 lane) Swim Team (3 lane) 3:45 - 5:00pm | Open swim Lap Swim (1 lane) Swim Team (3 lane) 3:45 - 5:15pm | | | |
| Swim Lessons Lap Swim (1 lane) 4:55 - 6:30pm | Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm Aqua Mix 5:45-6:30pm | Swim Lessons Lap Swim (1 Iane) 4:55 - 6:30pm | Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm Open Swim (1-2 lanes) 5:50-6:25pm | Open Swim Lap Swim (3 lanes) 5:15 - 7:30pm | Lap lanes will only be available during designated times. If 3 or more people are waiting for a lane, priority will go to those willing to circle swim. During open swim, children under the age of 13 years must hav an adult present in the facility. Children under 7 years, or in need of assistive flotation, must have an adult in the water | | |
| ST (3 lane) Open/LG (2 lane) Lap Lane (1 lane) 6:30 - 7:45pm | Swim Team (4 lane) Lap Swim (1 lane) 6:30 - 7:15pm | ST (3 lane) Swim Lesson Lap Swim (1 lane) 6:30 - 7:15pm | Swim Team (4 lane) Swim Lessons Lap Swim (1 lane) 6:30 - 7:30pm | Family Events: Fri., Oct. 25th Floating Pumpkin | | | |
| Open Swim Lap Swim (3 lanes) LG Class 7:45 - 8:30pm | Swim Team 6:30 - 7:45pm Open Swim Lap Lane (2 lane) 7:20 - 8:30pm | Swim Team 6:30 - 7:45pm Open Swim Lap Lane (2 lane) 7:20 - 8:30pm | Swim Team 6:30 - 7:45pm Open Swim Lap Lane (2 lane) 7:35 - 8:30pm | Patch Register at member services. No Lap Lanes 5:40 7:30PM | with them within arm comfortable in the | s distance, all others | |
| Legend: Blue = Lap Swim Red = Open Swim Green = Aqua Fitness Purple = Rentals Black = Swim Lessons/Swim Team | | | | This schedule was last updated on 9/06/2024. Pool schedule may change for programming needs. | | | |

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.